## Meet Fairouz ROUZAUD



## Head of the Dr. Delatte Institute of Psycho–Bio–Acupressure (PBA)

Faïrouz endeavours to share PBA worldwide, realizing Dr. Pierre-Noël Delatte's vision. She travels the globe to teach this incredible technique, celebrating the diversity of cultures and languages.



A passionate soul dedicated to PBA, a powerful method for well-being and personal development. With a fascinating journey that combines entrepreneurship, therapy, and travel, Faïrouz brings a unique approach to

She has explored a wide range of disciplines, from Micro-nutrition to Matrix Approach, from Reiki to energy osteopathy, from biological decoding to neuroscience.

Her special gift lies in her ability to connect these diverse fields.

Fairouz is the sole and exclusive trainer to teach all levels of PBA training in France and abroad. She travels the world to teach PBA and thus fulfill Dr. DELATTE's wish, which was that as many people as possible could benefit from this fabulous technique.



When she trains her students, she is passionate and generous. Time flies by, and we don't want the day to end. She is dedicated to ensuring that the training sessions are a place for exchange, practice, and acquisition so that students remember every step, every concept, and every technique accurately, aiming for excellence. She demands our diligence and best effort while providing us with a wealth of knowledge.

Faïrouz is not only an exceptional trainer, but she is also a dedicated practitioner. When you step into her clinic for a PBA session, you are greeted by an atmosphere that embraces you with a gentle warmth, creating an immediate sense of trust. She finds the right words to explain the blockages she releases and, most importantly, their impact on our lives and daily routines, all while making sure to emphasize that these obstacles don't define our 'real selves, she guides us in releasing them, helping us get closer to our true nature.

PBA is much more than a method It's a journey to fulfilment, it's a way of life !